



# Redhill Nursery

## Menu



		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Breakfast	Selection of cereal, fruit, yoghurts and crumpets.	Selection of cereal, yoghurts, fruit and wholemeal toast.	Selection of cereal, fruit, yoghurts and crumpets	Selection of cereal, fruit, yoghurts and porridge.	Selection of cereal, fruit, wholemeal bagels.
	AM	Tzatziki, breadsticks and fruit.	Vegetables sticks, humous and fruit.	Yoghurt and fruit	Vegetables sticks, humous and fruit.	Yoghurt and fruit.
	PM	Wholemeal bagels, Dairylea or butter and fruit.	Rice cakes, Dairylea or butter and fruit	Make a wholemeal pitta, ham, cheese, sweetcorn and fruit.	Crackers, cheese, butter and fruit.	Wholemeal wraps, tuna, cheese and fruit.
	High Tea	Selection of sandwiches on brown bread . or Baked potato with cheese or beans Fresh fruit pot	Cheese and crackers or Chicken tortilla wrap. Tray bake	Selection of sandwiches on brown bread . or Pasta with tomato and vegetable sauce. Fresh fruit pot	Cheese and crackers or Baked beans on toast Tray bake	Selection of sandwiches on brown bread . or Cheesy potato skins. Fresh fruit pot
Week 2	Breakfast	Selection of cereal, fruit, yoghurts and crumpets.	Selection of cereal, fruit, and wholemeal toast.	Selection of cereal, fruit, yoghurts and pancakes.	Selection of cereal, fruit, yoghurts and porridge.	Selection of cereal, fruit, and wholemeal toast.
	AM	Tzatziki, breadsticks and fruit.	Yoghurt and fruit.	Vegetables sticks, humous and fruit.	Crackers, cheese, butter and fruit.	Yoghurt and fruit
	PM	Wholemeal wraps, tuna, cheese and fruit..	Wholemeal bagels, Dairylea or butter and fruit.	Yoghurt and fruit.	Make a pitta, tuna, cheese, sweetcorn and fruit.	Rice cakes, Dairylea or butter and fruit
	High Tea	Selection of sandwiches on brown bread . or Pasta with tomato and basil sauce Fresh fruit pot	Cheese and crackers or Curried chicken wrap. Tray bake	Selection of sandwiches on brown bread . or Freshly made soup Fresh fruit pot	Cheese and crackers or Spaghetti on toast Tray bake	Selection of sandwiches on brown bread . or Chunky potato wedges, beetroot and tomato ketchup. Fresh fruit pot

Milk will be available during breakfast and snack time, as well as water throughout the day. Alternative options will be available for any dietary requirements.

All snacks subject to availability and change. Any changes will be indicated daily on the snack board.